



Uniquely Personal Ceremonies

Created with Care and Led from the Heart

Exchange of Wedding Rings

*The wedding ring goes on the left finger
because that is the finger with the vein that connects
directly to the heart.*

Here is a selection of wording that can be used for the exchange of wedding rings. Every part of this is optional. It is intended as guideline of how this part of the ceremony can flow, with inspiration and ideas for the words that can be used.

Introducing the rings

- The rings you are about to give to each other are a symbol of the promises you have made. With these endless circle of precious metal, you each now symbolise your union and your love for each other which will be precious and never ending.
- Ring are made precious by our wearing them. They carry our meaning; they say who we are, where we have been, and where we are going. They become us; they reflect us; they are a symbol of our truest essence. Your wedding Rings are most special because they say that even in your uniqueness you have chosen to be bonded, to allow the presence of another human being to enhance who you are. Your rings carry the potent double message; we are individuals and yet we belong; we are not alone. As you wear them through time, they will reflect not only who you are but also the union you are making, the fact that

through the rest of your lives each of you will be imprinted by the other, yet as yourself remain.

- The ring is an ancient symbol, so perfect and simple. It has no beginning and has no end. It is round like the sun, like the moon, like the eye, like arms that embrace. It is a circle; for love that is given comes back round again. Your rings are precious because you wear them with love. They symbolise your commitment in marriage.

They remind you of who you are, where you've been, and where you're going. As you wear them through time, they will reflect not only who you are as individuals, but also who you are as a couple.

- The rings you are about to give each other symbolise your inherent wholeness and unity with one another, giving you the strength to happily honour your commitments to each other. May they remind you that marriage is not a destination but a journey, with no beginning and no end, just a moment to moment opportunity to love and be loved to the best of your ability.

Giving of rings

- This ring is the seal that I am yours and you are mine forever. It is a sign that my love for you will never end. This ring was made for you. You were made for me.
- This ring surrounds your finger. I will continue to surround you with my love.
- This ring symbolises the strength of our love...wear it forever.
- I give you this ring as an outward sign of all that you mean to me in my heart.
- I give you this ring as a sign of our commitment. All that I am I give to you and all that I have I share with you.

- I give you this ring as a symbol of my love for you. As I place it on your finger, I commit to you forever.
- As a sign of my love and that I am choosing to share my whole life's journey with you, and of my knowing that by your side I shall become much more than I am, I give you this ring, with the pledge that with you, I shall become most truly myself and offer such gifts as I have and I am to the world.
- I give you this ring to wear with love and joy. As a ring has no end, neither shall my love for you.
- I commit to you with this ring, with my heart, with my body and with all the syllables of my soul.
- As a symbol of how endlessly happy you make me and of how crazy I am about you, I give you this ring....., so you and the whole world will know how much I love you and always will.
- I hope you will wear this ring as a reminder that *I love you* every single day of your life.

Blessing of rings

- We ask for a blessing on these rings, that those who wear them may remain united in their love.
- The wedding ring is a symbol of eternity. It is an outward sign of a commitment and spiritual bond which unites two hearts in endless love.
- May these rings be blessed with the love of everyone that is present here today to enhance the meaning and power of the commitment that has been made.
- The circle is the symbol of the sun, earth, and universe. It is the symbol of peace. Let this ring be the symbol of unity and peace in which your

two lives are joined in one unbroken circle. Wherever you go, return unto one another and to your togetherness.

- The circle of the ring declares the unity and the oneness of your two lives, which shall contain your devotion beyond every journey, that you may always return again to your togetherness.

Accepting the ring

- I accept this ring as a sign of our commitment. I will wear it with deep love for you now and forever.
- I accept this ring with an open and full heart. I will treasure it as I treasure you.
- I accept this ring as a visible symbol of our unity, of the bond between us that is eternal and of the love that will encircle us for ever.

Ending ring section

- May these two rings symbolise the spirit of the love you have for each other. Wherever you go, return to one another and may your home be a place of utmost joy throughout your lives together.
- May you always be in love with each other and may that love always be as bright as it is today.
- May the love that you have for each other, be expanded by the love that surrounds you today and may you carry that all forward into the rest of your life.
- The rings you have given each other are a symbol of the promises which have been made. As an endless circle of precious metal, may it symbolise that your love for each other will be precious and never ending.